

निर्वाणषट्कम्

मनोबुद्ध्यहङ्कारचित्तानि नाहं

न च श्रोत्रजिह्वे न च घ्राणनेत्रे ।

न च व्योमभूमी न तेजो न वायु-

श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥

न च प्राणसंज्ञो न वै पञ्चवायु-

र्न वा सप्तधातुर्न वा पञ्चकोशः ।

न वाक्पाणिपादौ न चोपस्थपायू

चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ २ ॥

न मे द्वेषरागौ न मे लोभमोहौ

मदो नैव मे नैव मात्सर्यभावः ।

न धर्मो न चार्थो न कामो न मोक्ष-

श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ ३ ॥

न पुण्यं न पापं न सौख्यं न दुःखं

न मन्त्रो न तीर्थं न वेदा न यज्ञाः ।

अहं भोजनं नैव भोज्यं न भोक्ता

चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ ४ ॥

न मृत्युर्न शङ्का न मे जातिभेदः

पिता नैव मे नैव माता न जन्मः ।

न बन्धुर्न मित्रं गुरुर्नैव शिष्य-

श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ ५ ॥

अहं निर्विकल्पो निराकाररूपो

विभुत्वाच्च सर्वत्र सर्वेन्द्रियाणाम् ।

न चासङ्गतं नैव मुक्तिर्न मेय-

श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ ६ ॥

nirvāṇa-ṣaṭkam

mano-buddhy-ahaṅkāra-cittāni nāhaṁ
na ca śrotra-jihve na ca ghrāṇa-netre |
na ca vyoma-bhūmī-na tejo na vāyuś-
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 1 ||

na ca prāṇa-sañjño na vai pañca-vāyur-
na vā sapta-dhātur-na vā pañca-kośaḥ |
na vāk-pāṇi-pādaḥ na copastha-pāyū
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 2 ||

na me dveṣa-rāgau na me lobha-mohau
mado naiva me naiva mātsarya-bhāvaḥ |
na dharmo na cārtho na kāmo na mokṣaś-
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 3 ||

na puṇyaṁ na pāpaṁ na saukhyaṁ na duḥkhaṁ
na mantrō na tīrthaṁ na vedā na yajñāḥ |
ahaṁ bhojanaṁ naiva bhojyaṁ na bhoktā
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 4 ||

na mṛtyur na śaṅkā na me jāti-bhedaḥ
pitā naiva me naiva mātā na janmaḥ |
na bandhur-na mitraṁ gurur-naiva śiṣyaś-
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 5 ||

ahaṁ nirvikalpo nirākāra-rūpo
vibhutvāc-ca sarvatra sarvendriyāṇām |
na cāsaṅgataṁ naiva muktir-na meyaś-
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 6 ||

SIX STANZAS ON NIRVANA
Translation by Swami Vivekananda

I am neither the mind, nor the intellect, nor the ego,
nor the mind-stuff;
I am neither the body, nor the changes of the body;
I am neither the senses of hearing, taste, smell, or sight,
Nor am I the ether, the earth, the fire, the air;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute—
I am He, I am He. (Shivo'ham, Shivo'ham).

I am neither the Prâna, nor the five vital airs;
I am neither the materials of the body, nor the five sheaths;
Neither am I the organs of action, nor object of the senses;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute—
I am He, I am He. (Shivo'ham, Shivo'ham).

I have neither aversion nor attachment,
neither greed nor delusion;
Neither egotism nor envy, neither Dharma nor Moksha;
I am neither desire nor objects of desire;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute—
I am He, I am He. (Shivo'ham, Shivo'ham).

I am neither sin nor virtue, neither pleasure nor pain;
Nor temple nor worship, nor pilgrimage nor scriptures,
Neither the act of enjoying, the enjoyable nor the enjoyer;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute—
I am He, I am He. (Shivo'ham, Shivo'ham).

I have neither death nor fear of death, nor caste;
Nor was I ever born, nor had I parents, friends, and relations;
I have neither Guru, nor disciple;
I am Existence Absolute, Knowledge Absolute, Bliss Absolute—
I am He, I am He. (Shivo'ham, Shivo'ham).

I am untouched by the senses, I am neither Mukti nor knowable;
I am without form, without limit, beyond space, beyond time;
I am in everything; I am the basis of the universe;
everywhere am I.

I am Existence Absolute, Knowledge Absolute, Bliss Absolute—
I am He, I am He. (Shivo'ham, Shivo'ham).