

I am untouched by the senses, I am neither Mukti nor knowable;  
I am without form, without limit, beyond space, beyond time;  
I am in everything; I am the basis of the universe;  
everywhere am I.  
I am Existence Absolute, Knowledge Absolute, Bliss Absolute—  
I am He, I am He. (Shivo'ham, Shivo'ham).

## निर्वाणषट्कम्

मनोबुद्ध्यहङ्कारचित्तानि नाहं  
न च श्रोत्रजिह्वे न च घ्राणनेत्रे ।  
न च व्योमभूमी न तेजो न वायु-  
श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥

न च प्राणसंज्ञो न वै पञ्चवायु-  
र्न वा सप्तधातुर्न वा पञ्चकोशः ।  
न वाक्पाणिपादौ न चोपस्थपायू-  
श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ २ ॥

न मे द्वेषरागौ न मे लोभमोहौ  
मदो नैव मे नैव मात्सर्यभावः ।  
न धर्मो न चार्थो न कामो न मोक्ष-  
श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ ३ ॥

न पुण्यं न पापं न सौख्यं न दुःखं  
न मन्त्रो न तीर्थं न वेदा न यज्ञाः ।  
अहं भोजनं नैव भोज्यं न भोक्ता  
श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ ४ ॥

न मृत्युर्न शङ्का न मे जातिभेदः  
पिता नैव मे नैव माता न जन्मः ।  
न बन्धुर्न मित्रं गुरुर्नैव शिष्य-  
श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ ५ ॥

अहं निर्विकल्पो निराकाररूपो  
विभुत्वाच्च सर्वत्र सर्वेन्द्रियाणाम् ।  
न चासङ्गतं नैव मुक्तिर्न मेय-  
श्चिदानन्दरूपः शिवोऽहं शिवोऽहम् ॥ ६ ॥

nirvāṇa-ṣaṭkam

mano-buddhy-ahaṅkāra-cittāni nāhaṁ  
na ca śrotra-jihve na ca ghrāṇa-netre |  
na ca vyoma-bhūmī-na tejo na vāyuś-  
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 1 ||

na ca prāṇa-sañjño na vai pañca-vāyur-  
na vā sapta-dhātur-na vā pañca-kośaḥ |  
na vāk-pāṇi-pādaḥ na copastha-pāyū  
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 2 ||

na me dveṣa-rāgau na me lobha-mohau  
mado naiva me naiva mātsarya-bhāvaḥ |  
na dharmo na cārtho na kāmo na mokṣaś-  
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 3 ||

na puṇyaṁ na pāpaṁ na saukhyaṁ na duḥkhaṁ  
na mantrō na tīrthaṁ na vedā na yajñāḥ |  
ahaṁ bhojanaṁ naiva bhojyaṁ na bhoktā  
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 4 ||

na mṛtyur na śaṅkā na me jāti-bhedaḥ  
pitā naiva me naiva mātā na janmaḥ |  
na bandhur-na mitraṁ gurur-naiva śiṣyaś-  
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 5 ||

ahaṁ nirvikalpo nirākāra-rūpo  
vibhutvāc-ca sarvatra sarvendriyaṅām |  
na cāsaṅgataṁ naiva muktir-na meyaś-  
cid-ānanda-rūpaḥ śivo'haṁ śivo'ham || 6 ||

SIX STANZAS ON NIRVANA

Translation by Swami Vivekananda

I am neither the mind, nor the intellect, nor the ego,  
nor the mind-stuff;

I am neither the body, nor the changes of the body;

I am neither the senses of hearing, taste, smell, or sight,

Nor am I the ether, the earth, the fire, the air;

I am Existence Absolute, Knowledge Absolute, Bliss Absolute—

I am He, I am He. (Shivo'ham, Shivo'ham).

I am neither the Prāna, nor the five vital airs;

I am neither the materials of the body, nor the five sheaths;

Neither am I the organs of action, nor object of the senses;

I am Existence Absolute, Knowledge Absolute, Bliss Absolute—

I am He, I am He. (Shivo'ham, Shivo'ham).

I have neither aversion nor attachment,

neither greed nor delusion;

Neither egotism nor envy, neither Dharma nor Moksha;

I am neither desire nor objects of desire;

I am Existence Absolute, Knowledge Absolute, Bliss Absolute—

I am He, I am He. (Shivo'ham, Shivo'ham).

I am neither sin nor virtue, neither pleasure nor pain;

Nor temple nor worship, nor pilgrimage nor scriptures,

Neither the act of enjoying, the enjoyable nor the enjoyer;

I am Existence Absolute, Knowledge Absolute, Bliss Absolute—

I am He, I am He. (Shivo'ham, Shivo'ham).

I have neither death nor fear of death, nor caste;

Nor was I ever born, nor had I parents, friends, and relations;

I have neither Guru, nor disciple;

I am Existence Absolute, Knowledge Absolute, Bliss Absolute—

I am He, I am He. (Shivo'ham, Shivo'ham).